4th Grade

Homework Assignment

Do at least one of the following activities on Tuesday, Wednesday, Thursday, and Friday of this week. Share with everyone what you did each day in our Kidblog post titled <u>Distance Learning "Homework".</u>

- 1. Go for a walk.
- 2. Play a sport.
- 3. Go for a run.
- 4. Read a book just for fun.
- 5. Listen to music.
- 6. Write a letter by hand to a friend or family member and mail it to them or give it to them if they live in your house.
- 7. Do something kind for a family member or friend, just because.
- 8. Tell a friend or family member why you are grateful for them.
- 9. Spend five minutes looking at the clouds or the stars.
- 10. Read a book to a younger sibling, older sibling, friend, pet, stuffed animal, etc.
- 11. Sit under a tree.
- 12. Sit in a tree.
- 13. Ride a bike.
- 14. Walk around your yard, a park, down a street, and count how many species of plants you see.
- 15. Sing a song for someone or for yourself.
- 16. Sing a duet with someone (or with yourself).
- 17. Play an instrument.
- 18. Choose a random word and look up how to say it in Spanish. Then teach it to someone.
- 19. Write a song.
- 20. Write a poem.
- 21. Go for a hike.
- 22. Spend five minutes looking carefully at a tree, a river, a plant, Pikes Peak, etc.
- 23. Help cook dinner.
- 24. Do your chores.
- 25. Spend five minutes stretching.
- 26. Eat a piece of fruit and think about all of your senses as you eat it, in this order: What does it look like? What does it feel like? What does it smell like? What does it sound like? What does it taste like?
- 27. Ask someone in your family about their day.

28. Dance.

- 29. Write a story.
- 30. Build something. Use unconventional tools.
- 31. Offer to help someone with something, just because.
- 32. Draw a picture.
- 33. Make a craft.
- 34. Cuddle with your pet or stuffed animal.
- 35. Lay on your back with your eyes closed for 10 minutes. Notice the sounds around you.
- 36. Create a map of an indoor or outdoor space of your choice (your house, your neighborhood, a local park, etc.). Include as much detail as possible.
- 37. Use natural materials to create a piece of artwork
- 38. Find and make a recipe (with your parent's help and permission).